



Timber Ridge School offers Goal-Based Services

Goal-Based Services is appropriate for students who must master specific objectives in order to transition successfully back to their community. Residential placement for certain adolescents occur due to a combination of the adolescent's individual needs, family dynamics, and available supportive/therapeutic services available in the community that are not being successful. Treatment is individualized based on the following:

- ◇ The residential placement is initiated on the basis of specific needs demonstrated by the student and family.
- ◇ Goals to be met are developed based on the needs.
- ◇ Achievement of those goals is the criteria for discharge.
- ◇ Moderate support will be required in the community to maintain and promote progress.

Developmental-Behavioral Management Program

The adolescent progresses through the developmental program until demonstrating specific outcomes indicative of the goal achievement set at admission.

Family Services

When applicable, based on the adolescent's discharge plans, work with the family begins upon admission and continues throughout placement as an integral part of treatment.

Transitional Services

Discharge planning begins at the time of admission. The agreed upon plan includes specific transitional activities required for continued success after discharge.

Clinical Services

- Weekly *Individual Counseling* is provided to focus on the student's emotional and psychological needs.
- Weekly *Group Counseling* is provided and offers a collective, supportive group of students facing similar stressors associated with out of home placements and reintegration back to their community.
- When indicated, weekly *Substance Abuse Groups* and active participation in *Substance Abuse Treatment Program* providing awareness, education, relapse prevention, and community support.

Want more information? Contact Timber Ridge School today . . .

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