



Timber Ridge School offers Developmental Transitional Services

The Developmental Transition Services Program is considered our traditional program. It provides the structure and support to teach students to manage their own behavior in a manner consistent with the common values of our society. Students involved in this level of treatment progress through a developmental program demonstrating specific outcomes attached to six levels. The outcomes are established for each level and are consistent with the goals and objectives outlined at admission.

The following components are key aspects of the Developmental Transitional Services program:

- ◇ A longer course of treatment can be expected.
- ◇ The presenting issues are more severe or have a chronic history.
- ◇ Support systems may or may not be available in the community.
- ◇ Treatment needs identified at admission drive treatment goals.
- ◇ Individualized Service Plan (ISP) developed with monthly progress reports.
- ◇ Integration with family, community, and/or independent living as a final stage.

Level I: Adjustment

During Level I, the student begins to acknowledge that there is a reason for him to be at Timber Ridge School. This is a new beginning for the student - a clean slate. He will be learning new ways of behaving toward others and toward himself. An environment that is safe, clear, stable, guiding, caring, and predictable is provided.

Level II: Personal Compliance

The student begins to accept that others have the right to tell him what to do. He begins to show his control over himself by following rules. By the end of Level II, the student can complete the daily life routine without constant reminders and controls by staff.

Level III: Setting Goals

At Level III, the student learns that it is not enough for him to stop his negative behavior and comply with the rules. He must determine a positive direction to which he will commit himself. The student participates in setting goals for his stay at Timber Ridge School and for an appropriate future.

Level IV: Goal Achievement

At the Fourth Level the student, having set goals for his stay at Timber Ridge School, now works towards achieving these goals.

Level V: Responsibility

At Level V, the student learns that he has responsibility for more than just himself. He learns that his responsibility extends to his unit, Timber Ridge School, and the community at large. He learns roles of both good leadership and membership.

Level VI: Reintegration

The student now defines how his newly gained skills and characteristics will interact with his home/community environment in order to provide him with a successful life experience. Student is given opportunities to test his developed skills and experience his new setting with support as he concludes his stay at Timber Ridge School.

What questions do you have? Contact Timber Ridge School today . . .

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